

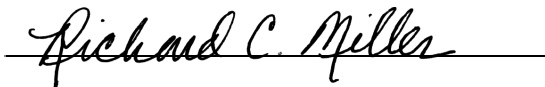
iRest

Institute

successfully completed 8 CE hours of

iRest[®] Yoga Nidra Workshop

on the Thirtieth day of October, Two Thousand and Twenty-One.



Richard C. Miller, PhD
Founder and President
C-IAYT, ERYT500, YACEP